Possible Topics/Directions/Angles:

Smartphone addiction

Video game addiction

Social media addiction

Fitness device (FitBit) addiction

Types of Internet Addiction (<https://www.addictioncenter.com/drugs/internet-addiction/>):

* Cybersex
* Net compulsions (online gambling, auctions, compulsive shopping)
* Cyber relationship addiction
* Compulsive information seeking
* Computer or gaming addiction

Prevention/Solutions

**CQ Researcher: Technology Addiction [must login through LCSC’s databases]** <http://ezproxy.lcsc.edu:2352/cqresearcher/document.php?id=cqresrre2018042020&type=hitlist>

Government Resources:

“Internet Addiction: A Brief Summary of Research and Practice,” <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3480687/>

National Institute on Drug Abuse, “Prevalence and Psychosocial Correlates of Internet Addiction Among University students: A Cross-sectional Study,” <https://www.drugabuse.gov/international/abstracts/prevalence-psychosocial-correlates-internet-addiction-among-university-students-cross-sectional>

Pro:

“Is ‘technology addiction’ a valid diagnosis?” CQ Researcher [must login to LCSC Databases]

<http://ezproxy.lcsc.edu:2352/cqresearcher/document.php?id=cqresrre2018042006&type=hitlist>

“Is Internet Addiction Real?” <https://www.npr.org/sections/health-shots/2017/05/18/527799301/is-internet-addiction-real>

# “How to Know If You Have an Internet Addiction and What to Do About It,” <https://www.verywellmind.com/internet-addiction-4157289>

Con:

“Is ‘technology addiction’ a valid diagnosis?” CQ Researcher [must login to LCSC Databases]

<http://ezproxy.lcsc.edu:2352/cqresearcher/document.php?id=cqresrre2018042006&type=hitlist>

“Debunking the 6 Biggest Myths about ‘Technology Addiction,’” <https://theconversation.com/debunking-the-6-biggest-myths-about-technology-addiction-95850>